Total # of studies identified through database searching (n = 481)

Total # of abstracts screened (n = 491)

Total # of full-text studies assessed for eligibility (n = 98)

Total # of full-text studies excluded (n = 42)

Total # of studies included as evidence (n = 56)

Total # of studies excluded (n = 393)

Total # of additional studies identified through other sources (manual searches) (n = 10)

Figure 1: Article Flow Chart