



2019 The Basis of a Rewarding Neurosurgical Career: A Career Guide for New Attending Physicians and Fellows

August 10-11, 2019 • Westin O'Hare • Rosemont, Illinois

Course Description

This 2 day course is intended for the recent residency graduate or post-graduate fellow embarking on their neurosurgical career. The format promotes interaction with faculty and peers through focused lectures, question and answer sessions, small group discussions, and a networking cocktail hour and dinner. The concepts and strategies that are provided will be applicable to those starting in community practice, academic practice, military practice and those in other government neurosurgical positions.

This intensive 2 day course is part of a comprehensive curriculum designed by the CNS to help guide participants through the transition period from senior residency to mid-career neurosurgeon.

Learning Objectives

Upon completion of this course, participants will be able to:

- Implement systematic processes to establish effective physician-patient relationships that translate to an improvement in patient outcomes, patient safety, and patient satisfaction while reducing medical errors and their legal implications
- Describe indications (and the lack thereof) for surgery for various neurosurgical disorders commonly encountered in clinical practice
- Identify techniques and methods to become more productive, an effective contributor in your new work environment/partnership/practice.
- Identify strategies to help establish a career focus in conjunction with your clinical work while maintaining balance with your health (mental and physical), other important responsibilities and passions.

Accreditation Statement: The Congress of Neurological Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement:

The CNS designates this live activity for a maximum of 15.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Agenda

Saturday August 10, 2019

7:15-7:30 am	Registration
7:30-8:10 am	Breakfast & Small Group Round Table Introductions
8:10-8:20 am	Introductory Remarks and Review of Learning Objectives <i>Mark Hadley MD, University of Alabama at Birmingham</i> <i>Ashok Asthagiri MD, University of Virginia</i>
8:20-9:05 am	Coaching / mentoring during your career Indications topic: Cerebrovascular Surgery (Open)
9:05-9:45 am	Balancing your passions: Mindfulness, Physical Health & Family Life Indications topic: Spine <i>Mark Hadley MD, University of Alabama at Birmingham</i>
9:45-10:15 am	Small Group Round Tables: Mentorship transitions
10:15-11:00 am	Developing a framework for quality improvement in your practice: reducing medicolegal risk, improving patient satisfaction and patient safety. Indications topic: Spine surgery <i>Dan Hoh MD, University of Florida</i>
11:00-11:45 am	Managing Gifts & How to ask for Philanthropic donations Indications Topic: Oral Board examination, MOC, License requirements
11:45am-1:00 pm	Lunch Break
1:00-1:45 pm	Maintaining harmony in your office and getting the most from your employees Indication Topic: Trauma <i>Jason Cormier MD, Lafayette, LA</i>
1:45-2:30 pm	Understanding healthcare policy and how it affects you <i>Katie Orrico</i>
2:30-3:00 pm	Afternoon Session: Streamlining your work life: Building efficiency in OR, Clinic, EHR workflows round tables
3:00-3:40 pm	Contributing to the field: Early steps in establishing a subspecialty interest &/or research focus Indications topic: tumor <i>Ashok Asthagiri MD, University of Virginia</i>
3:40-4:20 pm	Burnout & Renewal Indications topic: Cerebrovascular Surgery (Endovascular) <i>R. Webster Crowley MD, Rush University Medical Center</i>

4:20-5:00 pm	Interdepartmental collaboration and multidisciplinary initiatives Indications Topic: Epilepsy
5:00 pm	Adjourn / Remarks
6:30-7:00 pm	Cocktail Hour
7:00-9:00 pm	Dinner

Sunday August 11, 2019

7:30-8:15 am	Breakfast: Let's Talk Career Opportunities in Organized Neurosurgery- Round Table discussions
8:15-9:00 am	Working with your senior partner, chairman and hospital administration Indication topic: Peadiatric Neurosurgery <i>Tord Alden MD, Ann & Robert H. Lurie Children's Hospital of Chicago</i>
9:00-9:45 am	Practical considerations in your practice: Keeping up to date with literature & Learning on the Fly. Indications Topic: genetic syndromes & spinal tumors <i>Ashok Asthagiri MD, University of Virginia</i>
9:45-10:15 am	Small Group Discussion On achieving a balance at work: prioritizing and maintaining your ambitions & fighting the wRVU mentality
10:15-11:00 am	A new age in neurosurgery: living the transition Indications topic: Functional Neurosurgery <i>Nicole J. Bentley MD, University of Michigan</i>
11:00-11:45am	Financial Planning and Remuneration for the Neurosurgeon Indications topic; Malignant Brain Tumors & Radiosurgery for tumors <i>Michael McDermott MD, University of California, San Francisco</i>
11:45-1:00 pm	Lunch Break
1:00-1:40 pm	Establishing your practice: Marketing yourself and your practice, and working with referring providers. Indications topic: Transssphenoidal and endoscopic surgery; neurological conditions <i>Garni Barkhoudarian MD, John Wayne Cancer Institute</i>
1:40-2:20 pm	On the value of continuing your residency (maintaining a peer network) Indications topic: Spine Surgery <i>Mark Hadley MD, University of Alabama at Birmingham</i>
2:20-3:15 pm	Neurosurgery Panel: If I had it over to do again...
3:15-3:30 pm	Closing Remarks