

Introduction

Deep brain stimulation (DBS) implantation is usually performed as an awake procedure with intra-operative testing, but can performed under general anesthesia with intra-operative MRI (iMRI) guidance. iMRI allows for high target accuracy, a single electrode pass, reduced operative time, direct intra-operative confirmation of electrode placement, assessment of potential intraoperative complications, and improved patient comfort [1-3 ]. We describe the largest single-surgeon published series of iMRI guided DBS.

Methods

52 consecutive DBS electrode implantation procedures were performed by a single surgeon (GRC) under general anesthesia using the Clearpoint system, with iMRI guidance in a 3T magnet [4]. All but one patient was implanted bilaterally.

Results

Average age was 64+/-8 years, and 62% were male. Indications for DBS were PD (67%), essential tremor (29%) and dystonia (4%). Targets included subthalamic nucleus (STN, 54%), ventral intermedius nucleus of the thalamus (Vim, 29%) and globus-pallidus internus (GPi, 17%). Time under anesthesia and operative time were 4.92-hours (4.42-6.04) and 3.65-hours (3.39-4.14), respectively. Operative time decreased significantly with increasing institutional and surgeon experience—median OR time for the first and last 10 cases were 4.27 hours (3.99-4.65) and 3.28 (2.92-3.47), respectively. Cases involving prior hardware explantation were excluded from this calculation. Estimated blood loss was <50cc. All electrodes were placed with a single pass. A total of 103 leads were safely placed in 51 patients by a single surgeon under iMRI guidance with no instances of intra-operative complications. Two patients underwent reoperation: (1) replacement of infected battery and lead wire, (2) conversion of GPi stimulation to bilateral STN stimulation due to suboptimal effect. Median follow-up time was 28 weeks (8.4-66.9). Long term clinical efficacy appears consistent with prior experience.

Conclusions

DBS placement under general anesthesia with iMRI guidance appears to be a safe and effective procedure.

Learning Objectives

By the conclusion of this session, participants should be able to

- 1) Describe the differences in patient experience between awake and asleep DBS
- 2) Describe the differences in localization approach between awake and asleep DBS
- 3) Identify potential complications of DBS treatment

References

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