

# NEWSLETTER

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### Come to the Emerald City for the 1988 CNS Annual Meeting

Seattle — jewel of the Pacific Northwest — is the site of the 38th Annual Meeting of the Congress of Neurological Surgeons (CNS). The meeting will run from Saturday, September 24, through Thursday, September 29, 1988. Aptly named "The Emerald City," Seattle is more than just sensational scenery. In 1986, Rand McNally ranked Seattle the number one vacation destination in the U.S. and the number one recreational city for the fifth year in a row! Seattle is located on the eastern shore of the Puget Sound, which connects directly to the Pacific Ocean. Mountain ranges surround the city with the Cascade range to the east and the Olympic range to the west.

The climate is mild all year round. In September, the temperature averages 61 degrees with only 1.88 inches of rain. All of this adds up to wonderful weather for our meeting.

Visitors are astonished at the wealth of natural beauty. Touching the city's boundaries are thousands of square miles of evergreen forest and hundreds of miles of shoreline. Mount Rainier stands guard over the Seattle area, its snow topped peak being seen from miles in all directions. The wealth of activities in the Pacific Northwest provides an excellent opportunity for you to extend your stay and take advantage of this beautiful part of our country. Day trips or weekend vacations can easily be arranged since you will already be in the heart of this natural playground.

For those less inclined to the outdoors, Seattle's downtown area and immediate environs offer plenty of sightseeing and other activities. The well-developed waterfront is particularly interesting. Walking from pier to pier you can take in the many shops and restaurants. From the waterfront, you can board any type of boat imaginable and go out into the harbor and Puget Sound for sightseeing and a spectacular view of Seattle's impressive skyline. Nearby is the Pike Place Market. This genuine relic from a bygone era is a series of roofed and open-air stalls where gardeners and shopkeepers sell their produce, flowers, seafood and imported delicacies. Included are antique shops, handicraft shops, art galleries and restaurants. The colorful and unique atmosphere makes for "people-watching" at its best.

The Seattle Center is the 74 acre legacy of the 1962 World's Fair. The 607 foot Space Needle is the city's landmark. From the top, the panoramic view of the city, Puget Sound and the surrounding mountains is breathtaking. The Seattle Center is a hub of activity year round. The Pacific Science Center can easily occupy the better part of a day with all of its enjoyable, educational exhibits. Located on the southern end of the

waterfront is Pioneer Square, the city's preserved historic district. Many of the fine old brick and sandstone buildings have been restored, creating 6 square blocks of excellent shopping and dining with historic ambiance. Underground tours go beneath the cobblestone streets to provide a glimpse of Seattle, circa 1890.

All of these activities are easily accessible through Seattle's phenomenal transit system. Seattle's Metro has established the nation's first "free ride" in the downtown core. The Monorail will transport you quickly between downtown and the Seattle Center.

Seattle has established a reputation for dining excellence, with fresh seafood as the specialty. In addition, Seattle restaurants serve practically every ethnic origin international cuisine. An endless variety of atmospheres are available including: basements, hotel penthouses, alleys, old mansions, boats and piers. It will prove to be an excellent culinary experience.

As you can see, Seattle is filled with surprises that offer you a wide variety of pleasurable pursuits from the usual to the unique, from the vigorous to the vicarious. The Emerald City is certainly a number one ranked site for our annual meeting.



*The Space Needle (foreground) in Seattle Center.*