



# Thymosin Beta4 Treatment of ICH in Spontaneously Hypertensive Rats

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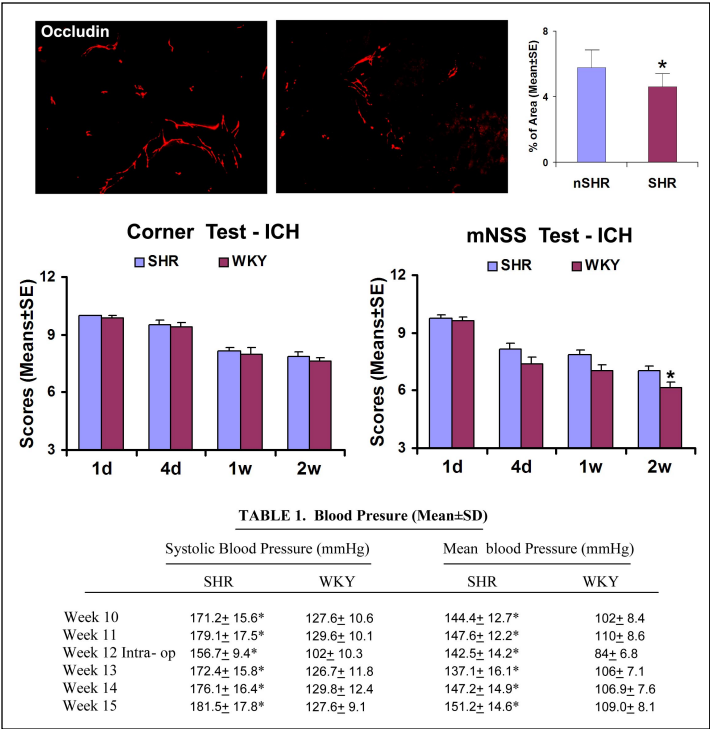


## Introduction

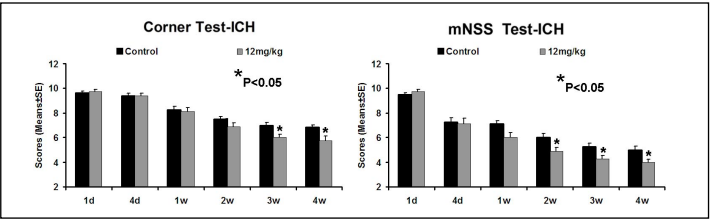
Hypertension has been found in more than 85% of patients with intracerebral hemorrhage (ICH) and is associated with an increased mortality rate and poor neurological outcome compared with patients without hypertension. In order to bring thymosin  $\beta$ 4 (T $\beta$ 4) closer to clinical application, we investigated the T $\beta$ 4 effects on recovery after ICH in hypertensive (SHRs) and normotensive rats (nSHRs/WKY).

## Methods and Results

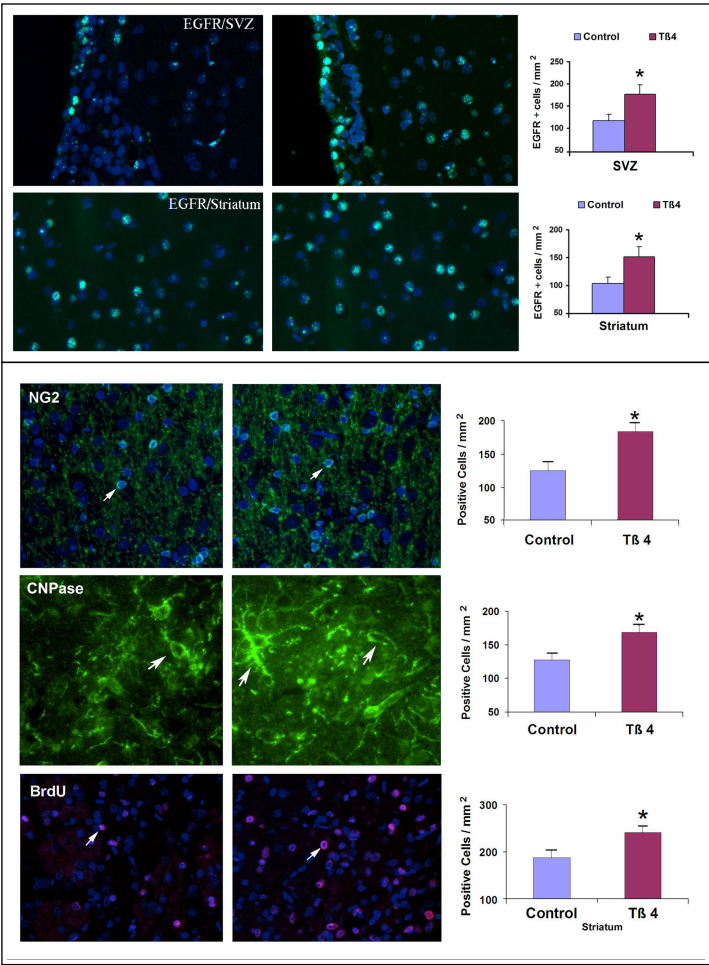
ICH model: All experimental procedures were approved by the Institutional Animal Care and Use Committee of Henry Ford Hospital. Primary ICH was induced by direct infusion of 100  $\mu$ L of fresh (nonheparinized) autologous whole blood into the right striatum adjacent to the SVZ at a constant rate of 10  $\mu$ L/min. Our data demonstrated that ICH caused more severe neurological deficits in SHRs compared to nSHRs.(see below)



**Neurobehavioral testing:** At 24 hours post-ICH, the SHR were randomly assigned into saline control (n = 8) and 12mg/kg T $\beta$ 4-treated groups (n = 8). Functional outcome was assessed using a cornering test (the number of times that an animal turns to the right or left when placed in a corner) and modified neurological severity score (mNSS, a composite score of motor, sensory, balance, and reflex measures to assess neurological functions) after ICH. The result below shows that T $\beta$ 4 treatment in SHR (starting at 24 hours after ICH) significantly improves corner test results and mNSS test scores at weeks 2-4 compared with the saline-treated group.



**Histology and immunohistochemistry:** Treated and control SHR were sacrificed 4 weeks post-ICH. Semiquantitative immunostaining measurements of BrdU (a marker for cell proliferation), 2,3-cyclic nucleotide 3'-phosphodiesterase (CNPase, a marker for maturing oligodendrocytes), chondroitin sulfate proteoglycan (NG-2, a marker of oligodendrocyte progenitor cells), and epidermal growth factor receptor (EGFR). Our results show EGFR-positive cells [as a percentage of area (with 200  $\mu$ m width), in the subventricular zone (SVZ) and in the subcortical striatum in the peri-hemorrhagic striatum] were significantly increased in the T $\beta$ 4 treatment SHRs compared with the saline group (p<0.05). NG-2 staining is increased in the striatum adjacent to the hematoma of the T $\beta$ 4-treated SHRs when compared to the saline control animals. CNPase staining cells are increased in the striatum adjacent to the hematoma of the T $\beta$ 4-treated SHRs compared to the saline control animals. There are significantly more BrdU cells in the T $\beta$ 4 treated SHRs compared to the saline control rats.



## Conclusions

- ICH caused more severe neurological deficits in SHRs compared to nSHRs.
- T $\beta$ 4 treatment at 24 hours post-ICH promotes functional recovery in SHR.
- T $\beta$ 4 treatment substantially amplifies cell proliferation, including proliferating OPCs and myelinating oligodendrocytes, and upregulates EGF-R expression. This was associated with substantial improvement of functional outcome after ICH.