



# 2023 Essentials for a Rewarding Neurosurgical Career

February 25-26, 2023 · Dallas, TX

## Course Description

This 2 day course is intended for the chief resident, post-graduate fellow or recent residency graduate embarking on their neurosurgical career. The course will address business, organization and navigation strategies for early and enduring individual success. The format promotes interaction with faculty and peers through focused lectures, question and answer sessions, small group discussions, and a networking cocktail hour and dinner. The concepts and strategies that are provided will be applicable to those starting in community practice, academic practice, military practice and those in other government neurosurgical positions.

## Learning Objectives

Upon completion of this course, participants will be able to:

- Implement systematic processes to establish effective physician-patient relationships that translate to an improvement in patient outcomes, patient safety, and patient satisfaction while reducing medical errors and their legal implications
- Describe indications (and the lack thereof) for surgery for various neurosurgical disorders commonly encountered in clinical practice.
- Identify techniques and methods to become more productive, an effective contributor in your new work environment/partnership/practice.
- Identify strategies to help establish a career focus in conjunction with your clinical work while maintaining balance with your health (mental and physical), other important responsibilities and passions

## Accreditation Statement

The Congress of Neurological Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Credit Designation Statement

The CNS designates this live activity for a maximum of **13.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Reviewers:

Tiffany Hodges

Akash Patel

Garni Barkhoudarian

## Planners:

Ashok R. Asthagiri

Mark N. Hadley



## Faculty:

Brian Asmussen  
Christopher Winfree  
J. Nicole Bentley  
Daryll C. Dykes  
Daniel J. Hoh  
Langston Holly  
Javier Garcia-Bengochea  
Kimberly Kicielski  
Nader Pouratian

## AGENDA

### Saturday, February 25, 2023

7:15 - 7:45 am

#### **Small Group Breakfast & Introductions**

7:45 – 8:00 am

#### **Introductory Remarks**

Mark N. Hadley, MD, University of Alabama at Birmingham  
Ashok R. Asthagiri, MD, University of Virginia

8:00 – 8:40 am

#### **After Residency: What Happens Now?**

Case Submission in ABNS-POST, Oral Boards and Continuous Certification  
Langston Holly, MD

8:40 – 9:20 am

#### **On the Value of Mentorship and Maintaining a Peer Network**

##### **Indications topic: Tumor**

Ashok R. Asthagiri, MD, University of Virginia

9:20 – 10:00 am

#### **Developing a Framework for Quality Improvement in Your Practice: Reducing Medical Legal Risk, Dealing with Early career Complications, Improving Patient Satisfaction and Patient Safety**

##### **Indications topic: Spine**

Daniel J. Hoh, MD, University of Florida

10:00 – 10:45 am

#### **Morning Intercession & Break - Non CME**

#### **Medtronic Sponsored Symposium**

#### **Healthcare Economics and Reimbursement in Neurosciences**

Brian T. Asmussen



10:45 – 11:25 am

**Contributing to the Field: Early Steps in Establishing a Subspecialty Interest and/or Research Focus**

**Indications topic: Functional Neurosurgery**

J. Nicole Bentley, MD, University of Alabama at Birmingham

11:25 – 12:05 pm

**Managing Relationships with Industry**

Javier Garcia-Bengochea, MD

12:05 – 12:55 pm

**LUNCH**

**Balancing Your Passions: Mindfulness, Physical Health & Family Life**

Mark N. Hadley, MD, University of Alabama at Birmingham

12:55 – 1:35 pm

**Working with Your Senior Partner, Chairman and Hospital Administration**

Nader Pouratian, MD, PhD

1:35 – 2:15 pm

**Personal Finance for the Neurosurgeon**

Indications topic: Peripheral Nerve

Chris Winfree, MD

2:15-2:55 pm

**Interdepartmental Collaboration and Multidisciplinary Initiatives**

J. Nicole Bentley, MD, University of Alabama at Birmingham

2:55 – 3:40 pm

**Afternoon Intersession & Break – Non CME**

**Depuy Sponsored**

**Health Injustice in America: The Roles of Systemic Discrimination and Implicit Bias**

Daryll C. Dykes, PhD, MD, JD

3:40-4:20 pm

**Transition to Practice**

**Indications topic: Cerebrovascular Surgery (Endovascular)**

Kimberly Kicielinski, MD

4:20-5:00 pm

**Social Media, Marketing & Your Practice**

Nader Pouratian, MD, PhD

5:05 – 6:30 pm

**Break**



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Surgeons

6:30 – 7:00 pm

**Cocktails – Non CME**

7:00 – 9:00 pm

**Dinner - offsite**

### **Faculty Discussion Topics**

Mentorship transitions – identifying one & being one

Maintaining harmony in your office and getting the most from your employees

On achieving a balance at work: prioritizing and maintaining your ambitions & fighting the wRVU mentality

Streamlining your work life

Understanding Healthcare Policy and How It Affects You



**Sunday, February 26, 2023**

7:30 – 8:00 am

**Breakfast**

Small Group Discussions

**Getting involved in Organized Neurosurgery**

8:00 – 8:40 am

**Pathway to Leadership**

**Indications topic: Spine**

Mark N. Hadley, MD, University of Alabama at Birmingham

8:40 – 9:20 am

**Practical considerations in your practice: Keeping up to date with literature; The import of Publishing and Reviewing**

Ashok R. Asthagiri, MD, University of Virginia

9:20 – 10:00 am

**Panel Discussion**

Lessons Learned – The one thing I wish I had known when I started

10:00 am

**Concluding Remarks**

**CNS Disclosure Policy:**

The Congress of Neurological Surgeons controls the content and production of this CME activity and attempts to assure the presentation of balanced, objective information. In accordance with the Standards for Integrity and Independence in Accredited Continuing Education established by the Accreditation Council for Continuing Medical Education (ACCME), speakers are asked to disclose any relationship they have with ineligible companies\* which may be related to the content of their lecture. Speakers who have disclosed a relationship with an ineligible company whose products may have a relevance to their presentation are listed below.

**All relevant financial relationships have been mitigated. Any planner, reviewer or faculty member not on the disclosure list has reported they have nothing to disclose.**

**\*\*Please note: This agenda is tentative and topics/speakers are subject to change.**