



The Basis of a Rewarding Neurosurgical Career: A Career Guide for New Attending Physicians and Fellows

January 23, 2021 • Zoom

Course Description

This one-day course is intended for chief residents, fellows, and new attendings embarking on their neurosurgical career. The format promotes interaction with faculty and peers through focused lectures, question and answer sessions, and small group discussions. The concepts and strategies that are provided will be applicable to those starting in community practice, academic practice, military practice, and those in other government neurosurgical positions.

This intensive course is part of a comprehensive curriculum designed by the CNS to help guide participants through the transition period from senior residency to mid-career neurosurgeon.

Learning Objectives

Upon completion of this course, participants will be able to:

- Implement systematic processes to establish effective physician-patient relationships that translate to an improvement in patient outcomes, patient safety, and patient satisfaction while reducing medical errors and their legal implications
- Describe indications (and the lack thereof) for surgery for various neurosurgical disorders commonly encountered in clinical practice
- Identify techniques and methods to become more productive, and an effective contributor in your new work environment/partnership/practice
- Identify strategies to help establish a career focus in conjunction with your clinical work while maintaining balance with your health (mental and physical), other important responsibilities, and passions

Accreditation Statement: The Congress of Neurological Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement:

The CNS designates this virtual activity for a maximum of 6.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Reviewers: Ashok R. Asthagiri, Nicholas C. Bambakidis, Mark N. Hadley

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Agenda

Saturday, January 23, 2021

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| 8:00–8:10 am | Introductory Remarks and Review of Learning Objectives
<i>Mark N. Hadley, MD, University of Alabama at Birmingham</i>
<i>Ashok R. Asthagiri, MD, University of Virginia</i> |
| 8:10–8:40 am | Balancing Your Passions: Mindfulness, Physical Health & Family Life
Indications topic: Spine
<i>Mark N. Hadley, MD, University of Alabama at Birmingham</i> |
| 8:40–9:10 am | A New Age in Neurosurgery: Living the Transition
Indications topic: Functional Neurosurgery
<i>J. Nicole Bentley, M.D., University of Alabama at Birmingham</i> |
| 9:10–9:30 am | Small Group Roundtables: Let's Talk on Achieving a Balance at Work:
Prioritizing and Maintaining Your Ambitions & Fighting the wRVU Mentality
<i>Mark N. Hadley, MD, University of Alabama at Birmingham</i>
<i>J. Nicole Bentley, M.D., University of Alabama at Birmingham</i>
<i>R. Webster Crowley, MD, Rush University Medical Center</i>
<i>Chris Winfree, MD, Columbia University</i> |
| 9:30–10:00 am | Developing a Framework for Quality Improvement in Your Practice:
Reducing Medical Legal Risk, Improving Patient Satisfaction and Patient
Safety
Indications topic: Spine
<i>Daniel J. Hoh, MD, University of Florida</i> |
| 10:00–10:45 am | Morning Intersession
Medtronic Sponsored
Healthcare Economics and Reimbursement in Neurosciences
<i>Brian T. Asmussen</i> |
| 10:45–11:15 am | Understanding Healthcare Policy and How It Affects You
<i>Katie Orrico, Washington Office</i> |
| 11:15–11:45 am | After Residency: What Happens Now?
Case Submission in ABNS-POST, Oral Boards and Continuous Certification
<i>Marjorie C. Wang, MD, Medical College of Wisconsin</i> |
| 11:45 am–12:00 pm | Break, Get Lunch |
| 12:00–12:30 pm | Burnout & Renewal
Indications topic: Cerebrovascular Surgery (Endovascular)
<i>R. Webster Crowley, MD, Rush University Medical Center</i> |
| 12:30–1:00 pm | Establishing Your Practice: Marketing Yourself and Your Practice, and Working
with Referring Providers
Indications topic: Transsphenoidal and endoscopic surgery; neurological
conditions
<i>Garni Barkhoudarian, MD, John Wayne Cancer Institute</i> |

1:00–1:30 pm	Interdepartmental Collaboration and Multidisciplinary Initiatives <i>Martina Stippler, MD, Harvard University</i>
1:30–1:50 pm	Small Group Roundtables: Let's Talk Career Opportunities in Organized Neurosurgery <i>Ashok R. Asthagiri, MD, University of Virginia</i> <i>Garni Barkhoudarian, MD, John Wayne Cancer Institute</i> <i>Martina Stippler, MD, Harvard University</i> <i>Daniel J. Hoh, MD, University of Florida</i>
1:50–2:35 pm	Afternoon Intersession DePuy Synthes Sponsored Programmatic Development for Neurosurgeons: Lessons Learned from Launching Spine Centers and Value Analysis Committees <i>John B. Pracyk, MD, PhD</i>
2:35–3:05 pm	Financial Planning and Remuneration for the Neurosurgeon Indications topic: Peripheral nerve <i>Chris Winfree, MD, Columbia University</i>
3:05–3:15 pm	Break
3:15–3:45 pm	On the Value of Mentorship and Maintaining a Peer Network Indications topic: Tumor <i>Ashok R. Asthagiri, MD, University of Virginia</i>
3:45–4:15 pm	Contributing to the Field: Early Steps in Establishing a Subspecialty Interest and/or Research Focus Indications topic: Radiosurgery
4:15–4:30 pm	Neurosurgery Panel: If I Had It Over to Do Again... <i>All faculty</i>
4:30–4:45 pm	Closing Remarks

Agenda and faculty subject to change

CNS Disclosure Policy:

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Any planner, reviewer or faculty member not on the disclosure list has reported they have nothing to disclose.

FACULTY

Individual's Name	Name of Commercial Interest(s)	Nature of Relationship(s)
None	None	None