AANS/CNS Joint Cerebrovascular Annual Meeting

January 22–23, 2018 Los Angeles, CA

"Kitchen-Sink" Technique for Mechanical Thrombectomy with Tandem Stenosis

David J McCarthy BS; Stephan Munich MD; Amanda M Casabella MD; Stephanie H Chen; Eric C. Peterson MD, MS; Robert M. Starke MD, MSc

University of Miami Department of Neurological Surgery



Introduction

Acute ischemic stroke due to large vessel occlusion occurs with <u>tandem</u> <u>stenosis</u> of the cervical internal carotid artery (ICA) in **15-20% of cases**.

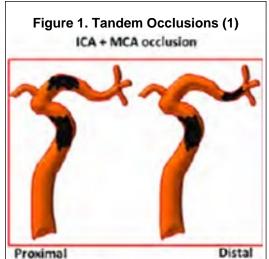


Figure 2. ESCAPE trial Tandem

Treatments (2)

Escape trial

N= 185 patients randomized to EVT group

N= 30

Patients without tandem occlusions

Patients with tandem occlusion acutely treated

Treatments (2)

In 185 patients variance and to Extracranial occlusion acutely treated and occlusion acutely treated and occlusions

In 10

Recentalization of extracranial trombectomy followed by extracranial recentalization of extracranial recentalization of extracranial trombectomy followed by extracranial recentalization of extracranial recentalization of extracranial trombectomy followed by extracranial recentalization of extracranial recentalization of extracranial recentalization of extracranial trombectomy followed by extracranial recentalization of extracranial

- Controversy about the optimal approach to these difficult lesions leads to diverse treatment options (figure 2)

Background

Tandem lesions often have a fragile clot in the carotid artery with a distal middle cerebral artery (MCA) occlusion.

Current Treatment approaches includes:

- Extracranial Lesion Managed
 First: Stenting, Angioplasy
- Intracranial Lesion Managed First with ICA stenting on the way out, or deffered CEA, or medical managment.

"Kitchen-sink" technique

Utilizes a balloon occlusion guide catheter proximally with aspiration and stent retrieval (SR) to remove clot from the ICA and MCA., respectively.

Step-wise approach:

- All devices are opened prior to case.
- Fragile clot in the ICA is removed with contact aspiration under proximal protection of a balloon guide.
- Distal MCA clot is removed with SR with an aspiration catheter.
- SR is pulled with the aspiration catheter remaining in place.

Benefits

Allows rapid access for a 2nd pass while also maintaining access distal to the ICA plaque. This prevents repeated crossing of a fragile ICA plaque and may serve as a catheter for deployment of a distal embolic protection device in the event that a carotid stent is needed.

Methods

We report a single-surgeon caseseries identifying anterior circulation tandem stenosis LVOs treated with an multiple simultaneous endovascular techniques (so called, the "Kitchen-Sink") from December 2016-December 2017.

Results

A total of four patients withe tandem stenosis with acute stroke were seen and treated with the "Kitchen-Sink technique. Three patients were male, mean age was 65.5 years old.

Managment

- Three patients received IV-tPA therapy. Intra-arterial tPA was used in 2 patients.
- Three patients had M1 occlusion, one had M2.
- Machine assisted aspiration was utilized in all patients.
- ICA stenosis was treated with balloon angioplasty in one patient, angioplasty and stenting in one patient, and endarterectomy in one patient.

Outcomes

- Complete revascularization (mTICI=3) was achieved in all patients.
- The mean improvement in NIHSS was 4.25.
- Functional outcome improved in all patients; presenting mRS were 3,4,3,3; all mRS at discharge were 2.

Learning Objectives

We introduce a novel and timely way to manage difficult stroke cases. The "kitchen sink" protocol resolves some technical nuances that accompany challenging stroke cases with tandem occlusions.

Conclusions

Simultaneous implementation of multiple revascularization techniques (i.e. "the kitchen-sink") may provide an efficient and effective approach to patients presenting with tandem cervical ICA and distal occlusion. In our small cohort or 4 patients, we show that the "Kitchen-Sink" approach resulted in excellent revascuarization rates with similar clinical outcomes.

References

- 1. Malferrari G, Zedde M. Neurosonological Evaluation of the Acute Stroke Patients. 2011.
- 2. Assis Z, Menon BK, Goyal M, et al. Acute ischemic stroke with tandem lesions: technical endovascular management and clinical outcomes from the ESCAPE trial. Journal of NeuroInterventional Surgery. 2017.