

Role of the Bulbocavernosus Reflex in the Diagnosis and Prognosis of Traumatic Spinal Cord Injury

Clementine Laetitia Soraya Koa Affana, Fareed Jumah, Rimal H. Dossani, MD [Louisiana State University, Shreveport 1501 Kings Highway, Shreveport, LA 71103]



Introduction

Traumatic spinal cord injury is a neurosurgical emergency that can lead to permanent debilitating sequelae , but which could be halted with timely assessment and surgical intervention. While several physical examination maneuvers are routinely included in a standard neurological examination for SCI, there is limited information in the literature on the role of the bulbocavernosus reflex in assessing the severity of spinal cord injury in neurotrauma patients.

Methods

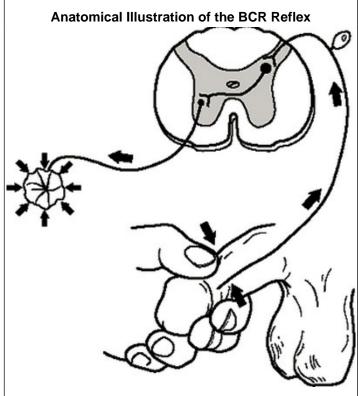
To determine the potential role of the BCR in diagnosing, assessing and monitoring spinal cord injury and recovery in trauma patients, we performed a comprehensive review of manuscripts and publications available in the literature published within the past 20 years, and pertaining to the use of the BCR in assessment of acute spinal cord injury.

Results

1. The usefulness of the BCR in stratifying spinal cord injury lesions post-trauma is established in case reports available in the literature.

2. Studies showed that the BCR could be used to predict recovery potential in SCI patients.

3. However, it was not frequently reported as a commonly performed test for neurological examination in the acute setting.



Anatomical Illustration of the BCR Reflex

Conclusions

1. The importance of the bulbocavernosus reflex has been demonstrated in the current medical literature, as a useful tool for stratifying motor neuron lesions in patients following a spinal cord injury.

2. Nonetheless, its use in neurosurgery practice is still widely undocumented and it is not included in international guidelines and care algorithms for spinal cord trauma, such as the International Standards for Neurological Classification of Spinal Cord Injury.

3. Further research needs to be done and reported to support its prognostic value for this patient population.

References

Bono Ariño A, Piñero Fernández A, Rodríguez Vela L, Ascaso Cornago I, Allepuz Losa C, Rioja Sanz LA. [The neurological status in patients with erectile dysfunction: somatosensory evoked potentials and the bulbocavernosus reflex]. Arch Esp Urol. 1997;50(8):897-905.

Kirkeby HJ, Poulsen EU, Petersen T, Dørup J. Erectile dysfunction in multiple sclerosis. Neurology. 1988;38(9):1366-1371.

Podnar S. Neurophysiology of the neurogenic lower urinary tract disorders. Clin Neurophysiol. 2007;118(7):1423-1437. doi:10.1016/j.clinph.2007.01.022

Bors E, Blinn KA. Bulbocavernosus Reflex. The Journal of Urology. 1959;82(1):128-130. doi:10.1016/S0022-5347(17)65843-9

Granata G, Padua L, Rossi F, De Franco P, Coraci D, Rossi V. Electrophysiological study of the bulbocavernosus reflex: normative data. Funct Neurol. 2014;28(4):293-295.

Schurch B, Schmid DM, Kaegi K. Value of sensory examination in predicting bladder function in patients with T12-L1 fractures and spinal cord injury. Arch Phys Med Rehabil. 2003;84(1):83-89. doi:10.1053/apmr.2003.50007

Shenot PJ, Rivas DA, Watanabe T, Chancellor MB. Early predictors of bladder recovery and urodynamics after spinal cord injury. Neurourol Urodyn. 1998;17(1):25-29.

Lee DG, Kwak SG, Chang MC. Prediction of the outcome of bladder dysfunction based on electrically induced reflex findings in patients with cauda equina syndrome. Medicine (Baltimore). 2017;96(21). doi:10.1097/MD.000000000007014

Blaivas JG, Zayed AA, Labib KB. The bulbocavernosus reflex in urology: a prospective study of 299 patients. J Urol. 1981;126(2):197-199.