

# Fusion Need for Spinal Instability after Facet Joint Surgical Resection for Spinal Peripheral Nerve Sheath Tumors (PNST): An Institutional Experience and Review of Current Literature

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### Introduction

Spinal peripheral nerve sheath tumors (PNSTs), including schwannomas and neurofibromas, are a group of tumors originating from the nerve and its supporting structures. Standard surgical management for spinal PNST can include facetectomy allowing adequate tumor resection. Fusion is occasionally performed to maintain spinal stabilization. Herein, we conducted a retrospective cohort study investigating the factors for performing fusion in patients with PNSTs undergoing facetectomy.

### **Methods**

Our institutional tumor registry was queried for patients treated surgically for a primary diagnosis of spinal PNST between 2002 and 2016. Analysis focused on patients that underwent facetectomy with or without concomitant fusion. Addition of arthrodesis at the index procedure comprised the primary outcome. We also recorded baseline demographics, tumor characteristics and surgery-related variables. Logistic regression model was utilized to identify factors associated with increased risk for fusion.

### Summary of baseline demographics and tumor characteristics

	Non-adherence, No. of studies/ Total No. (%)								
Items	Core Journals in Neurosurgery (n=45) Other Journals (n=72)		p-value						
	STROBE Criteria (Out of 22)								
Statement of specific objectives, n (%)	7 (15.6)	15 (20.8)	0.48						
Address sources of bias, n (%)	27 (60.0)	39 (54.2)	0.54						
Discuss external validity, n (%)	21 (46.7)	28 (38.9)	0.41						
	RECORD Crit	eria (Out of 10)							
Provide validation of population	15.75% (14.6	enconstitution							
selection, n (%)	11 (24.4)	18 (25.0)	0.95						
Discuss data cleaning methods, n (%)	16 (35.6)	24 (33.3	0.81						
Include supplemental information, n (%)	28 (62.2)	51 (70.8)	0.33						
	JAMA Ched	klist (Out of 7)							
Statement of compliance with IRB, n (%)	25 (55.6)	21 (29.2)	0.005						
Report inclusion, exclusion, and									
outcome variables, n (%)	9 (20.0)	21 (29.2)	0.27						
Discuss missing data, n (%)	21 (46.7)	38 (52.8)	0.52						
	Total Cri	teria Scores							
STROBE Score, median (range)	20 (19-21)	20 (19-21)	0.40						
RECORD Score, median (range)	9 (8-9)	8.5 (8-9)	0.18						
JAMA Checklist, median (range)	6 (5-7)	6 (5-6)	0.88						

## Results of logistic regression for addition of fusion in patients that underwent facetectomy

Variable	UNIVARIA	TE	MULTIVARIABLE*		
v ariable	OR (95% C.I)	p-value	OR (95% C.I)	p-value	
Age	0.99 (0.96 - 1.02)	0.55	-	-	
Sex	0.75 (0.25 - 2.16)	0.26	-	-	
Tumor size	1.02 (0.99 -1.07)	0.26	-	-	
Pre-existing deformity	4.26 (0.63 - 84.75)	0.20	-	=	
Total vs subtotal facetectomy	9.0 (2.01 - 64.2)	0.009	6.75 (1.47 - 48.8)	0.025	
2+ vs 1 level of facetectomy	2.05 (0.40 - 15.2)	0.421	-	-	
Cervicothoracic vs other region	9.0 (1.51 - 172.9)	0.048	6.0 (0.97 - 117.0)	0.10	

#### Results

A total of 163 patients were identified, of which 56 (32-facetectomy with fusion, 24facetectomy alone) were analyzed. Median age was 48 years and 50% were females. Age, sex, race as well as tumor histology and size were evenly distributed between patients who received facetectomy alone and those who had facetectomy and fusion. In univariate regression, total vs subtotal facetectomy (OR 9.0, 95% C.I. 2.01-64.2, p=0.009) and cervicothoracic vs other spinal region (OR 9.0, 95% C.I. 1.51-172.9, p=0.048) were significantly associated with increased odds of performing immediate fusion. In multivariable analysis, only the effect of total facetectomy remained statistically significant (OR 6.75, 95% C.I. 1.47-48.8, p=0.025).

### **Conclusions**

The best surgical strategy for patients with spinal PNSTs needs to be further elucidated and individualized approach is recommended. We were able to identify factors that increased the liklihood of requiring upfront spine instrumentation through retrospective chart review. From this study largest cohort of spinal PNST, we conclude that total facetectomy and cervicothoracic involvement were highly associated with concomitant arthrodesis at the time of index surgery. Prospective randomized controlled studies with long-term follow-ups are needed to further guide surgeons in surgical planning of this complex and rare disease.

## Clinical and operative reported details in literature of facetectomy cases in managing spinal PNST

First author, year	Fc done, n (%)	Type of Fc		Fc levels†		Fc with fusion†, n (%)	Follow-up in months mean	
		Partial	Total	1	2+			
Ahmad, 2017 <sup>1</sup>	10 (22)	7	3	10	0	3 (30)	35	
Huang, 2017 <sup>2</sup>	26 (100)			0	0	26 (100)	21.5	
Ito, 2016 <sup>3</sup>	18 (100)			12	6	0 (0)	30	
Phan, 20164	1 (100)	0	1	1	0	0 (0)	9	
Jiang, 2015 <sup>5</sup>	9 (100)			9	0	9 (100)	34.2	
Lee, 20156	2 (67)	2	0	1	0	1 (33)	NA	
Nanda, 2015 <sup>7</sup>	18 (30)	11	7	0	0	6 (33)	40.5	
Boetto, 20138	1 (100)	0	1	1	0	1 (100)	NA	
Tomii, 20139	1 (5)			1	0	1 (5)	41.6	
El-Sissy, 201310	7 (64)	7	0	1	0	0 (0)	NA	
Chakravarthy H, 201211	1 (100)	0	1	1	0	0 (0)	18	
Sasamori, 2012 <sup>12</sup>	1 (100)			1	0	1 (100)	46	
Sima X, 201213	1 (100)			1	0	0 (0)	12	
Thorat, 201114	11 (100)			11	0	6 (55)	20	
Fernandez-Carballal, 2010 <sup>15</sup>	1 (100)	0	1	1	0	0 (0)	36	
Lu DC, 200916	3 (100)	0	3	1	0	1 (33)	23	
Sakaura, 200717	1 (100)			1	0	1 (100)	12	
Ishikawa, 2002 <sup>18</sup>	1 (100)	1	0	1	0	0 (0)	NA	
Summary	113 (52.8)			105 (94.6)	6 (5.4)	56 (50.5)	31.14	