Systematic Review of Hepatocellular Carcinoma Spinal Metastasis.



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Learning Objectives

By the conclusion of this session, participants should be able to: 1) Describe the literature on hepatocellular carcinoma metastasis to the spine

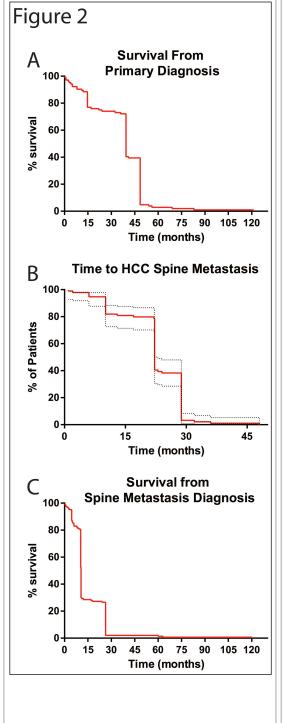
Introduction

Hepatocellular carcinoma (HCC) frequently metastasizes to the spine. The impact of medical and/or surgical intervention on overall survival has been examined in a limited number of clinical studies, and herein we systematically review these data.

Methods

We performed a literature review using PubMed, Embase, CINAHL, and Web of Science to identify articles that reported survival, clinical outcomes and/or prognostic factors of HCC patients with spinal metastases. The methodological quality of each review was assessed using the PRISMA tool. : 26 studies (152 patients) met the inclusion criteria and were treated with either surgery, radiotherapy, chemotherapy and/or observation, respectively. There were 3 retrospective cohort studies, 17 case reports, 5 case series, and 1 longitudinal observational study. Of the patients with known overall survival after diagnosis of spinal metastasis, survival at 3 months, 6 months, 1 year, 2 years, and 5 years was 95.2%, 83.0%, 28.6%, 2.0%, and 1.4% respectively. The median survival after diagnosis of the metastasis was 0.7 months in the patients who received no treatment, 7 months in the patients treated with surgical intervention alone, 6 months for patients who received chemotherapy and/or radiation and 13.5 months in the patients treated with a combination of surgery and medical management. All other clinical or prognostic parameters were of low or insufficient strength.

Results



Conclusions

Patients diagnosed with HCC spinal metastasis have a 10.6 month overall survival. Further analysis of patients in prospective controlled trials will be essential to the development of treatment algorithms for these patients in the future.

