

Effect Of Pretreatment Lymphopenia On Survival In Patients With Recurrent Glioblastoma Receiving Immunotherapy

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Introduction

Glioma-induced lymphopenia and lymphocyte dysfunction are well-recognized factors contributing to immunosuppression in patients with glioblastoma (GBM). Despite a long history of studying this immunosuppression, there have been few reports demonstrating that lymphocyte dysfunction independently predicts patient outcomes. Immunosuppression is a particularly important factor for patients receiving immunotherapy. We, therefore, analyzed the impact of lymphopenia on outcomes of patients receiving an autologous tumor vaccine for recurrent GBM.

Methods

As part of a prospective, multi-centered, phase II study, patients with recurrent GBM received autologous vaccine after gross-total resection of their tumors. The primary clinical endpoint was overall survival. Pre-operative blood samples were taken from all patients to measure the complete blood count (CBC) and differential, including the absolute lymphocyte count (ALC). In this analysis, survival outcomes were evaluated relative to the median ALC by univariate Kaplan-Meier analysis and multivariate Cox proportional hazards modeling.

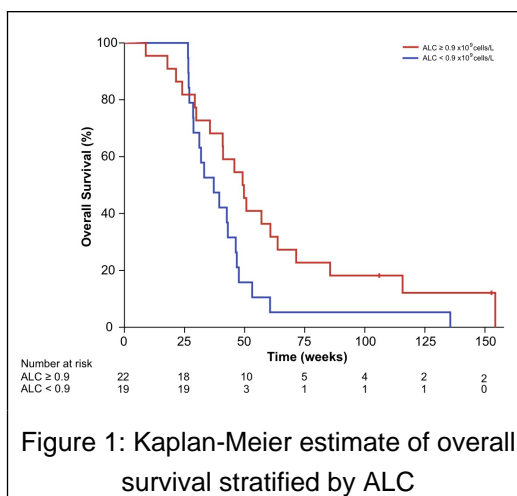


Figure 1: Kaplan-Meier estimate of overall survival stratified by ALC

Results

A total of 41 patients with recurrent GBM underwent resection and received a median of 6 doses of autologous vaccine. Median overall survival for the entire cohort was 42.6 weeks (95% CI 34.7-50.5). The median ALC was 0.9×10^3 cells/uL, with 27/41 (66%) patients having lymphopenia according to the clinical laboratory standard (ALC < 1.0). When stratifying patients by ALC relative to the median value, patients with an ALC = 0.9 had significantly improved survival compared to patients with an ALC < 0.9 (49.1 vs. 37.1 weeks; log-rank $p=0.039$). In a proportional hazards model including age, KPS, number of vaccine doses, and lymphocyte counts, an ALC = 0.9 was an independent positive predictor with a hazard ratio of 0.85 (95% CI 0.73-0.99, $p=0.036$).

Variable	Hazard Ratio (95% CI)	p Value
Age (per 1-yr increment)	1.01 (0.97 – 1.06)	0.58
Gender		
Female	0.76 (0.27 – 2.10)	0.59
Male	1.0	
KPS		
70	2.28 (0.70 – 7.42)	0.17
80	0.65 (0.30 – 1.42)	0.28
90	1.0	
Vaccine Doses (per dose increment)	0.85 (0.73 – 0.99)	0.04
Absolute Lymphocyte Count		
Below median	4.02 (1.37 – 11.83)	0.01
Above/Equal to median	1.0	

Table 1: Proportional Hazards Model for Predictors of Outcome

Conclusions

Pretreatment lymphopenia may affect the outcomes of patients with recurrent GBM receiving immunotherapy. The implications of lymphopenia should be considered when selecting patients for future vaccine clinical trials.

Learning Objectives

By the conclusion of this session, participants should be able to: 1) describe the effects of glioblastoma on lymphocyte counts and function, 2) describe the mechanism of action of adoptive immunotherapy for glioblastoma, 3) identify the impact of glioma-induced lymphopenia on immunotherapy outcomes.

References

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